

# Super Stress Solutions

*Cutting Edge Strategies To Transform Your Life.*

<http://www.superstressolutions.com>

## HEADACHES & BRUXISM (TEETH GRINDING)

### A. Treatment Outcomes

- 5 Maximum, symptoms virtually non existent
  - 4 Significant, exceeded expectations in symptom reduction
  - 3 Moderate, Acceptable outcome improvement made
  - 2 Slight, below expectations some symptom reduction
  - 1 None, not helped at all
- Overall Satisfaction Rating 4.1

### B. Sensitivity of Consultant

- 5 Greatly
  - 4 Very much
  - 3 Moderately
  - 2 Slight
  - 1 Not at all
- Overall Satisfaction Rating 4.6

### C. Competence of Consultant

- 5 Very Competent
  - 4 Competent
  - 3 Adequately
  - 2 Slightly competent
  - 1 Incompetent
- Overall Satisfaction Rating 4.9

### D. Additional Help

- 5 Greatly
- 4 Very much
- 3 Moderately
- 2 Slight
- 1 Not at all

Overall Satisfaction Rating 4.3

### E. Experience & Expectation

- 5 Very much in a positive way
- 4 Slightly in a positive way
- 3 Slightly in a negative way
- 2 Very much in a negative way

Overall Satisfaction Rating 4.9

### F. Willingness to return or refer others

- 5 Very willing
- 4 Moderately willing
- 3 Slightly willing
- 2 Reluctant
- 1 Not willing

Overall Satisfaction Rating 4.9

Improvement in personal well being,

Before Treatment



After Treatment



**Testimonials** - What participants say about the consulting they received specific to **Headaches** and **Bruxism**.

“I found the sessions very helpful and did not realize how stressed I was when I first came here. Now I am able to enjoy my family and my job.”

J.M

“Your ability to listen empathise and to be generally direct when suggesting changes was very therapeutic, so was the flexible schedule of appointments.”

E.B

“Very much appreciate the insight into my troubles due to the therapy, made it much more positive than the simple treatment of drugs.”

J.R

“I would not have felt much better in such a short time without Mr. Kent’s help.”

C.K

“Mr. Kent’s consultation is a great program for helping people in the fast paced hustle bustle world. I highly recommend it especially for busy professionals.”

M.M